

The Eastern Kentucky University Interpreter Outreach Program proudly presents:

“Vicarious Trauma, Compassion Fatigue and Resilience: Staying effective and whole in emotionally-charged settings”

In-Person Training

Presented by Arlyn Anderson

January 28, 2023



Session will be held 10:00 am – 1:00 pm EST

Registration must be submitted by January 28, 2023.

Any materials will be emailed the day before the workshop or after it is complete depending on presenter preference.



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**In-Person Training:** *This workshop has been approved for .3 CEUs in Professional Studies and assumes participants will enter with SOME content level of knowledge of this topic.* In this highly experiential seminar, interpreters will engage with the topic of how our work changes us and how that change changes how we work. Participants will learn about the cumulative impacts of working closely with people who have experienced trauma. They will be introduced to the concepts of Vicarious Trauma and Compassion Fatigue, Empathy Fatigue and Resilience. We will explore the range of impacts of unaddressed secondary trauma on professionalism, effectiveness, and personal well-being. This workshop is designed as a uniquely personal opportunity for professional interpreters who work in emotionally charged settings to begin to assess and restore wholeness, compassion, and effectiveness. Using conscientious best practices in facilitating adult learning and transformation, the presenter will draw from the fields of neuroscience, positive psychology, professional interpreting and will use best practices in professional coaching. Participants are encouraged to bring an open mind and an attitude of respect, humor, and compassion to foster a robust and helpful discussion. We will explore and share compelling, effective strategies for managing professional stress and building resilience.

**The Presenter:** Arlyn Anderson is a mental health interpreting consultant, compassion fatigue educator and internationally credentialed personal coach. Arlyn has dedicated her expertise and heart to individuals and projects benefiting the interpreting community, including RID Standard Practice Papers on Mental Health Interpreting and Video Remote Interpreting, and the NCIEC Mental Health Interpreting Domains and Competencies.

\*Presented in English with ASL Interpretation\*

Non-Discrimination: Presenter and participants agree to foster an environment of mutual respect free from bias

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Vicarious Trauma, Compassion Fatigue and Resilience  
Arlyn Anderson

[EKU On-Line Registration Link](#)

(If you receive an error, please copy and paste the link directly into your browser)

**This is a grant funded program.  
No refunds will be given.**

[EKU's Outreach Policies and Accommodations Information](#)

General Registration Fee = FREE Admission  
Student Registration Fee = FREE Admission

*Kentucky Registry of Interpreters for the Deaf is an Approved RID CMP Sponsor for continuing education activities. This Professional Studies program is approved for 0.3 CEUs at the SOME content knowledge level.*